

*"The kingdom of heaven is like a treasure buried in a field."
Matthew 13:44*

DISCOVERING SPIRITUAL TREASURES

Matthew Kelly
Resisting Happiness
2016

The daily habit of prayer leads us to spiritual health. The more ingrained this habit becomes in our lives, the clearer we hear the voice of God. The clearer we hear the voice of God in our lives, the more likely we are to walk in his ways, honor his will, and experience the peace and happiness he yearns to fill us with.

Are you spiritually healthy? Are you alive spiritually? Are you thriving or are you just surviving? When we are spiritually healthy we tend to be focused, invigorated, patient, and generous. When we aren't healthy spiritually we tend to be irritable, restless, and discontented.

It is interesting how seldom we talk about spiritual health. If you think about all the focus we place on physical health, and the billions of dollars we spend trying to achieve it, and then consider how little we talk about spiritual health, it says so much about the state of our culture.

God wants to bless you with spiritual vitality. Developing this kind of spiritual vitality is like building a skyscraper; you start by going down. You dig deep, deep into the earth to create a foundation to support the huge structure. The higher you want to build the structure, the deeper you have to dig into the earth to begin with.

We all have an inner life. This consists of our thoughts and feelings, our hopes and dreams, our character and our relationship with God. We all have an outer life, which consist of the things we do, places we go, and things we build on our own. We tend to focus on the outer life, but it is only a tiny fraction of our life. Much more takes place as part of the inner life. The outer life is an overflow of the inner life.

As you begin to go deeper and deeper into prayer, God will help you start to answer four questions: Who am I? What am I here for? What matters most? What matters least?

By developing clarity around these four questions you will become a phenomenal decision maker. You will no longer find yourself saying yes to things because you are afraid you will offend someone. Your yes will become a firm, passionate, mission-driven yes. And your no will become a firm, unwavering no.

"How is your life?" Great spiritual directors have been asking those they guide this question for thousands of years. It is a little like going to the doctor and having your blood pressure taken first thing. This question allows us very quickly to get a sense of a person's spiritual health. Get into the habit of asking yourself the question and it will encourage you to continue to focus on the interior life.

The more you pay attention to your spiritual health, the more attuned you will be to your spiritual needs. When your body is hungry, your stomach growls, your soul has ways of showing you it is hungry too. When I get impatient with my children or my colleagues, or a stranger, I know that my soul needs some attention.

Overtime you will learn to listen to the cravings of your soul. Some days I crave silence. Other days my soul craves to serve others.

KEY POINT

God wants to bless you with spiritual vitality.

ACTION STEP

Establish a daily habit of prayer. Spend ten minutes in quiet prayer with the Lord.



MINISTRIES AND ORGANIZATIONS

BEREAVEMENT SUPPORT & MINISTRY

"Blessed are those who mourn for they will be comforted."

THE MONDAY NIGHT WIDOW/WIDOWERS GROUP:

A social group for widows and widowers. Next meeting: August 14th in Cerullo Hall at 6:30 PM.

SPOUSE BEREAVEMENT GROUP:

A support group for people grieving the death of their spouse. Next meetings: August 8th and 22nd at 7:00 PM in the RUSSO ROOM. For information contact Dr. Rachel Rengifo at 201-500-2068.

RELIGIOUS EDUCATION

Religious Education Registration is now open!

- Online by going to the parish website www.stphilip.org. The Religious Education section is at the bottom of the page. Payment is required at the time you register.
- Download the forms and mail them to the Molloy Center with your payment.
- In person at the Molloy Center **by calling for an appointment** at (973) 779-1439.

Ms. Sirvidio can be emailed at dsirvidio@st.philip.org.

Confirmation and Religious Education classes begin on Sunday, September 17th with the 8:00 AM Mass.



PILGRIMAGE TO FATIMA, LOURDES & SANTIAGO DE COMPOSTELA

Hosted by **Father Julio A. Barrios**

11 DAYS: NOVEMBER 6 – 16, 2018

- Visiting LISBON * FATIMA * SANTIAGO DE COMPOSTELA SALAMANCA * MADRID * LOURDES
- \$2799 per person from NEWARK (Air/land tour price is \$2399 plus \$400 government taxes/airline surcharges)
- For brochure and additional information contact Barbara Salzer at 973-779-6200

IMMACULATE CONCEPTION PILGRIMAGE WASHINGTON, DC



OCTOBER 21, 2017

To sign up contact Carol Mahoney at 973-986-2869

Two Day Spiritual Journey

October 20-21, 2017

For information or brochure on this 2-day trip contact the

Diocesan Pilgrimage Office at 973-728-8162 or

secretary@olgnj.org

PRAY FOR

THE SICK: Joan Hughes, Silvia Berardo, Lara Buell, Ryan G. Micale, Jayce Mazza, Patsy Sinisi, Margaret Sikora, Steve Kuchta, Sister Beverly Aiazzone, Linda Brady, Gus Perez, Joseph Villano, Marie Nattvo, Jennie Marto, Antoinette Van Setters, Alexander Bancey, Josephine Pipitone, Zigrid Roman, Derrick Medeiros, Maria Ligato, Philip Kutzenco, Evelyn Wescott, Ana Cabezas, Annette Wanamaker, Daniel Marty, Jim Lacava, Virginia Mascolo, Christine Carpenter, Robert Wagner, Mildred Nerone, Stephen Blayney, Eugene & Lorraine DeBellis, Bruno Marino, Bob Rose, Jack Steffans, Barbara Ferry, Roger Rossnagel, Fred Van Duyne, Theresa Buhler, Karen Ambrose, Dave Miller, Gary Diekmann, Sr. Giovanni Aiazzone, Maya Hilario, John Pepe

THE DECEASED: Matthew Scola, Maxine Elmo, Barbara Rzepecki

PARISH GIVING

TOTAL SUNDAY COLLECTION: JULY 24, 2016	\$14,785.00
JULY 23, 2017	
Envelopes	\$11,738.00
Cash	\$ 1,173.00
Online Giving Donations	\$ 4,151.00
Total	\$17,062.00
Second Collection: Project Faith	\$ 2,123.00

PRIESTS' SCHEDULE: AUGUST 5/6, 2017

5:30 PM	Fr. Matt	10:00 AM	Fr. Joe
8:00 AM	Fr. Joe	12:00 Noon	Fr. Julio

SEVENTEENTH SUNDAY IN ORDINARY TIME

1 Kgs 3:5, 7-12; Rom 8:28-30; Mt 13:44-52 or 13:44-46

SUNDAY, JULY 30, 2017

- 8:00 Christopher Kelly
10:00 Anna May Wozny
Special Intention: Thanksgiving
12:00 Genevieve (Jean) Tarnowski
Angela Teresa Mastrolia

MONDAY, JULY 31, 2017

- 9:00 George Huster

TUESDAY, AUGUST 1, 2017

- 9:00 Howard Glinkin

WEDNESDAY, AUGUST 2, 2017

- 9:00 Anna Chase

THURSDAY, August 3, 2017

- 9:00 The Dollbaum Family
William P. Daley, Jr.

FRIDAY, AUGUST 4, 2017

- 9:00 Francis, Miriam & Kevin O'Brien

SATURDAY, AUGUST 5, 2017

- 9:00 Sime Grbic
5:30 Louis & John Belfi
Ann Holly

SUNDAY, August 6, 2017

- 8:00 All People of the Parish
10:00 Sr. Eileen & Sr. Jayne Kelly, PVBM
Anthony R. Lipari
Carmen Albino
Frances Iris Figueroa
12:00 Ida Pompeo
Charlie Scancarello

SAVE THE DATE

Annual Respect Life Mass
Saturday, November 18, 2017
10:00 AM

St. John the Baptist Cathedral, Paterson, NJ

Cycle A

KID'S KORNER

Gospel Today | 17th Sunday in Ordinary Time | Mt 13:44-52

Jesus tells us nothing we could ever own on earth is more valuable than the Kingdom of Heaven. Just as the Apostles gave up their earthly possessions and followed Jesus, we can share our earthly possessions with others.

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The Grace of God is a Great Treasure.

Grace is a gift God gives us! With His love, protection and blessing we can help others, and share ourselves and our talents.

Our parents/guardians show us God's love and grace every day when they take care of us. What can you do for your family & friends today, to show them your love?

Pretend you are the treasure chest and your talents are your treasure. What does God want you to share with others?



Cut out treasure chest, fold in half and tape tabs to back of chest. Cut out & put in treasure strips, share with someone.



SHARE SOMETHING YOU
LEARNED AT SCHOOL

HELP A FAMILY
MEMBER OR FRIEND

SHARE YOUR ART
OR MUSIC TALENTS

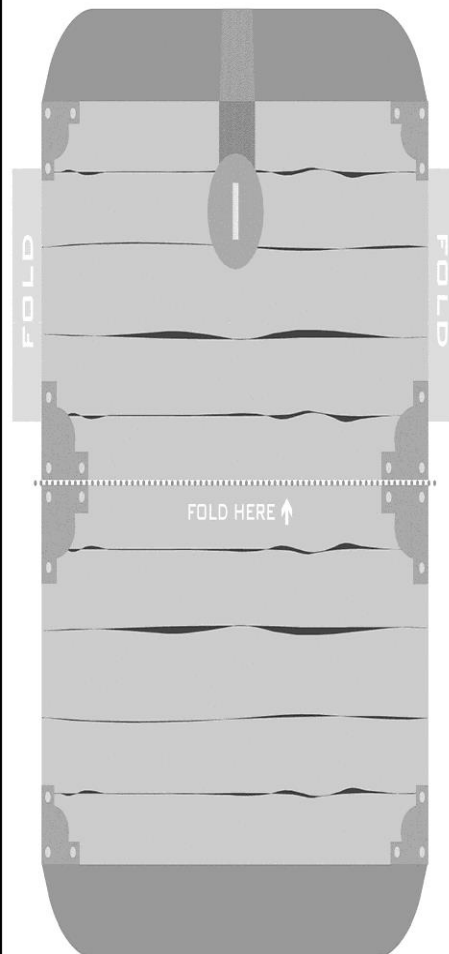
PUT AWAY YOUR THINGS /
HOUSEWORK / CLEAN UP

HELP PREPARE /
CLEAN UP A MEAL

WORK IN THE
GARDEN / YARD

PRAY FOR SOMEONE YOU KNOW
WHO IS SICK OR TROUBLED

↓ Fill in your own talents ↓



Two empty dashed boxes for writing talents.